Abstract

Title of Presentation:
Taking the temperature of supervision in Coaching/Coaching Psychology: SCP Italy's first survey

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Objective:
Supervision (from here on *Meta*vision) is a fundamental asset for CPD and the objective is to explore to what extent coaches' direct experience, main expectations and needs to provide SCP Italy members with Coaching *Meta*vision services. According to SCP Italy *Meta*vision is a regulated process in which the coach is in an equal level relationship with the Supervisor (from here *Meta*visor) during the process.

Design:
SCP Italy assumes that *Meta*vision processes have a pivotal role in assuring the quality of coaching services, in developing and sustaining coaches in CPD and contributing to a sustainable coaching culture (Hawkins & Schwenk, 2006). A team of experienced Coaching Psychologists, namely the authors of the present research, defined operational guidelines and developed a specific approach to *Meta*vision. The team later designed a first online survey which was sent to a large sample of coaches both psychologists and non-psychologists. The last step will be to provide services according to clients' expectations emerging from the survey.

Method:
Steps: Analysis of existing literature; identification of 5 key areas to be explored; construction of an online questionnaire containing 38 items; identification of targets and survey deployment; collection and processing of 150 completed questionnaires. The data analysis is quanti/qualitative since the questionnaire is based on closed, multiple-choice and open questions. Data will be analyzed through frequency distribution and tabulation of qualitative data.
The research will be longitudinal and performed on a yearly basis.

Results:
Analysis is still ongoing and will later be presented.

Conclusion:
Authors aim at gaining insight on: which benefits are expected from *Meta*vision services, which characteristics are most valued and which criteria are used in the choice of a *Meta*visor; which is the perceived importance of supervision in the professional practice of coaching and which are the main elements of direct experience in coaching supervision.